



**BOMBAY  
ORTHOPAEDIC  
SOCIETY**



# BOS BASIC ARTHROPLASTY VIRTUAL COURSE 2020

**3  
MMC  
POINTS**

**LEARN TODAY,  
LEAD TOMORROW!**

**Host:** Dept of Orthopedics, Lokmanya Tilak Municipal Medical College, Sion, Mumbai.

**Date:** September 24 - 26, 2020 | **Time:** 4.00 - 8.00 pm



(Course can be viewed online till 31<sup>st</sup> December, 2020)

## COURSE HANDOUTS

Must read articles in field of Arthroplasty

## COURSE AWARDS

Delegates can present cases  
in case based Panel discussion

-  1. Best case presented in Knee section
-  2. Best case presented in Hip section

**Convenor:** Dr. Abhijit Kale

**Co-Convenor:** Dr. Sudhir Sharan  
Dr. Anoop Dhamangaonkar

**Patrons:** Prof. Dr. N. S. Laud  
Prof. Dr. A. B. Goregaonkar

**Dr. Shubhranshu Mohanty** | **Dr. Swapnil M. Keny**  
President, BOS | Secretary, BOS

**CLICK HERE TO REGISTER ONLINE NOW**

## WELCOME MESSAGE

The Bombay Orthopaedic Society takes great pleasure in inviting you to 1<sup>st</sup> Basic Arthroplasty Virtual Course 2020.

The course is directed at consultants, arthroplasty fellows and postgraduates interested in performing arthroplasty in practice.

The objective of the course is to provide a comprehensive understanding of field of arthroplasty including patient selection, implant selection, surgical planning, surgical techniques, postoperative care, complications and dealing with special situations.

Contemporary masters of arthroplasty from India will offer one-on-one teaching via panel discussions, concept based talks, video modules of recorded surgeries and demonstrations on sawbone models.

We invite you to take advantage of this unique opportunity at an introductory one-time offer of Rs. 1000/-

Course can be viewed live or till 31<sup>st</sup> December, 2020 by registered delegates.

## FACULTY

• Dr. Abhijit Kale	• Dr. Kunal Makhija	• Dr. Sanjay Dhar
• Dr. Akash Saraogi	• Dr. Mahesh Kulkarni	• Dr. Sanjeev Jain
• Dr. Anoop Dhamangaonkar	• Dr. Manoj Mishra	• Dr. Satish Mutha
• Dr. Anoop Jhurani	• Dr. Milind Kulkarni	• Dr. Santosh Banshelkikar
• Dr. Ameet Pispati	• Dr. Milind Patil	• Dr. Shakir Kapadia
• Dr. Arvind Goregaonkar	• Dr. Mohan Desai	• Dr. Shrinand Vaidya
• Dr. Ashish Phadnis	• Dr. Mudit Khanna	• Dr. Shubhranshu Mohanty
• Dr. Ashit Shah	• Dr. Nandkishore Laud	• Dr. Siddharth Shah
• Dr. Ashok Rajgopal	• Dr. Nilen Shah	• Dr. Smarajit Patnaik
• Dr. Atul Panghate	• Dr. Nirad Vengsarkar	• Dr. Subhashish Banerjee
• Dr. Avinash Date	• Dr. Niraj Kasat	• Dr. Sudhir Sharan
• Dr. Bibhas Dasgupta	• Dr. Pankaj Pawar	• Dr. Sunil Shahane
• Dr. Chintan Hegde	• Dr. Parag Sancheti	• Dr. Surendarsingh Bava
• Dr. Darius Soonawalla	• Dr. Pichai Suryanarayan	• Dr. Tejas Upasani
• Dr. Deven Kuruwa	• Dr. Pradeep Bhosale	• Dr. Unmesh Mahajan
• Dr. Gautam Zaveri	• Dr. Rajesh Maniar	• Dr. Umesh Kulkarni
• Dr. Harish Bhende	• Dr. Rajashekhar KT	• Dr. Vaibhav Bagaria
• Dr. Harshad Argekar	• Dr. Sangeet Gawhale	• Dr. Vaibhav Kasodekar
• Dr. Hemant Wakankar	• Dr. Sanjay Agarwala	• Dr. Vijay Shetty
• Dr. Javahir Pachore		

# SCIENTIFIC PROGRAM

## Day - 1: 24 September, 2020, Thursday Basic of TKR & THR

TIME	TOPIC
3.45 - 3.55 pm	Course Inauguration: <b>Dr. S. S. Mohanty, Dr. A. B. Goregaonkar</b>
3.55- 4.00 pm	Course Introduction: <b>Dr. Abhijit Kale</b>
	<b>BASICS OF TKR</b>
4.00 - 4.30 pm	<b>Video Module</b> (surgical video for 20 minutes & question - answer for 10 minutes) <b>Moderators:</b> <b>Dr. Sanjay Agarwala, Dr. Abhijit Kale</b> TKR in varus knee: <b>Dr. S. S. Mohanty</b>
<b>4.30 - 5.00 pm</b>	<b>Concept based talk</b> <b>Moderators:</b> <b>Dr. Sanjay Agarwala, Dr. Sunil Shahane</b>
4.30 - 4.40 pm	Pre-op planning & implant selection in TKR: <b>Dr. S. S. Mohanty</b>
4.40 - 4.50 pm	ABC of TKR: Alignment Bone cuts and cementing: <b>Dr. Mohan Desai</b>
4.50 - 5.00 pm	How to balance the gaps and get rotation right in TKR: <b>Dr. Ashit Shah</b>
<b>5.00 - 5.30 pm</b>	<b>Case based panel Discussion</b> (panel will discuss cases presented by delegates / faculties) <b>Moderator:</b> <b>Dr. Mohan Desai</b> <b>Panellist:</b> <b>Dr. Ashit Shah, Dr. Sanjeev Jain, Dr. Sunil Shahane, Dr. Nilen Shah</b> <b>Literature Review:</b> <b>Dr. Mudit khanna</b> Varus knee Valgus knee Bilateral simultaneous TKR
<b>5.30 - 6.00 pm</b>	<b>Surgical capsule (short surgical video for 8 minutes followed by questions answers for 2 min)</b> <b>Moderators:</b> <b>Dr. Sanjeev Jain, Dr. Mudit Khanna</b>
5.30 - 5.40 pm	Which is best Cementing technique in TKR: <b>Dr. Mohan Desai</b>
5.40 - 5.50 pm	My way of doing medial parapatellar approach: <b>Dr. S. S. Mohanty</b>
5.50 -6.00 pm	Subvastus approach: what is so different: <b>Dr. Nilen Shah</b>
<b>6.00 - 6.10 pm</b>	<b>BREAK</b>
	<b>BASICS OF THR</b>
<b>6.10 - 6.40 pm</b>	<b>Video Module</b> <b>Moderator:</b> <b>Dr. Sudhir sharan</b> Cemented THR: <b>Dr. Atul Panghate</b>
<b>6.40 - 7.10 pm</b>	<b>Concept based Talk</b> <b>Moderators:</b> <b>Dr. Nirad Vengsarkar, Dr. Amit Pispati</b>
6.40 - 6.50 pm	Preop planning in THR & reading post-op Xray: <b>Dr. Avinash Date</b>
6.50 - 7.00 pm	How to select implants & bearings in THR: <b>Dr. Harish Bhende</b>
7.00 - 7.10 pm	Stem & socket science: <b>Dr. Rajashekhar KT</b>
<b>7.10 - 7.40 pm</b>	<b>Case based panel discussion</b> <b>Moderator:</b> Harish Bhende <b>Panellist:</b> <b>Dr. Atul Panghate, Dr. Sudhir Sharan, Dr. Sanjay Dhar</b> <b>Literature Review:</b> <b>Dr. Deven Kuruwa</b> THR in protrusio TB Hip AVN Hip
<b>7.40 - 8.10 pm</b>	<b>Surgical capsule</b> <b>Moderators:</b> <b>Dr. Sanjay Dhar, Dr. Shakir Kapadia</b>
7.40 - 7.50 pm	Dual approach to Ankylosed Hip: <b>Dr. Harish Bhende</b>
7.50 - 8.00 pm	Hemiarthroplasty in Intertrochanteric femur fracture: <b>Dr. Abhijit Kale</b>
8.00 - 8.10 pm	Reconstruction of superolateral defect in Acetabulum: <b>Dr. Harish Bhende</b>

# SCIENTIFIC PROGRAM

## Day - 2: 25 September, 2020, Friday Mastering Art of TKR

TIME	TOPIC
3.55 - 4.00 pm	<b>Introduction to Day Programme: Dr. Abhijit Kale</b>
4.00 - 4.30 pm	<b>Video Module</b> <b>Moderators:</b> Dr. S. V. Vaidya, Dr. Vaibhav Bagaria Primary TKR: Dr. Hemant Wakankar
4.30 - 5.00 pm	<b>Concept based talks</b> <b>Moderators:</b> Dr. S. V. Vaidya, Dr. Vijay Shetty
4.30 - 4.40 pm	Sequence of release in Varus & valgus deformity in TKR: Dr. Rajesh Maniar
4.40 - 4.50 pm	Correction of flexion and recurvatum deformity in TKR: Dr. Hemant Wakankar
4.50 - 5.00 pm	TKR in a stiff knee: Dr. Harish Bhende
5.00 - 5.30 pm	<b>Case based panel discussion</b> <b>Moderator:</b> Dr. Hemant Wakankar <b>Panellist:</b> Dr. Rajesh Maniar, Dr. Milind Patil, Dr. Harish Bhende <b>Literature Review:</b> Dr. Kunal Makhija TKR in RA Post HTO TKR Post TKR infection
5.30 - 6.00 pm	<b>Surgical capsule</b> <b>Moderators:</b> Dr. Darius Soonawalla, Dr. S. Bava
5.30 - 5.40 pm	The art of patella replacement: Dr. Milind Patil
5.40 - 5.50 pm	My way of reconstructing tibial bone defect in TKR: Dr. Rajesh Maniar
5.50 - 6.00 pm	Epicondylar osteotomy for rigid deformity in TKR: Dr. Hemant Wakankar
6.00 - 6.10 pm	<b>BREAK</b>
6.10 - 6.40 pm	<b>Video Module</b> <b>Moderators:</b> Dr. S. S. Mohanty, Dr. Parag Sancheti TKR with stem in Valgus knee: Dr. Ashok Rajgopal
6.40 - 7.10 pm	<b>Concept based talks</b> <b>Moderators:</b> Dr. N. S. Laud, Dr. Pradeep Bhosale
6.40 - 6.50 pm	Correction of intrarticular & extrarticular deformity in TKR: Dr. Ashok Rajgopal
6.50 - 7.00 pm	Management of bone defect in TKR: Dr. Parag Sancheti
7.00 - 7.10 pm	TKR in unstable Knee: Dr. Ashok Rajgopal
7.10 - 7.40 pm	<b>Case based panel discussion</b> <b>Moderator:</b> Dr. Parag Sancheti <b>Panellist:</b> Dr. Ashok Rajgopal, Dr. Pradeep Bhosale, Dr. Unmesh Mahajan <b>Literature Review:</b> Dr. Santosh Banshelkikar TKR in Arthritis with stress fracture TKR in complex deformity Periprosthetic fracture post TKR
7.40 - 8.10 pm	<b>Surgical capsule</b> <b>Moderator:</b> Dr. Manoj Mishra, Dr. Unmesh Mahajan
7.40 - 7.50 pm	Robotic TKR: Dr. Tejas Upasani
7.50 - 8.00 pm	UKR: Dr. Umesh Kulkarni
8.00 - 8.10 pm	Basics of navigated TKR: Dr. Sidharth Shah

# SCIENTIFIC PROGRAM

## Day - 3: 26 September, 2020, Saturday Mastering Art of THR

TIME	TOPIC
3.55 - 4.00 pm	<b>Introduction to Day Programme:</b> <b>Dr. Abhijit Kale</b>
4.00 - 4.30 pm	<b>Video Module</b> <b>Moderators:</b> <b>Dr. Mahesh Kulkarni, Dr. Anoop Dhamangaonkar</b> Uncemented THR: <b>Dr. Suryanarayan</b>
4.30 - 5.00 pm	<b>Concept based Talk</b> <b>Moderators:</b> <b>Dr. Sangeet Gawale, Dr. Milind Kulkarni</b>
4.30 - 4.40 pm	Tips & tricks for stem placement in THR: <b>Dr. Mahesh Kulkarni</b>
4.40 - 4.50 pm	Approach to instability post THR: <b>Dr. Suryanarayan</b>
4.50 - 5.00 pm	Hip knee spine conundrum: <b>Dr. Gautam Zaveri</b>
5.00 - 5.30 pm	<b>Case based panel discussion</b> <b>Moderator:</b> <b>Dr. Suryanarayan</b> <b>Panellist:</b> <b>Dr. Mahesh Kulkarni, Dr. Anoop Dhamangaonkar, Dr. Sangeet Gawhale</b> <b>Literature Review:</b> <b>Dr. Akash Saraogi</b> THR in Arthritis post Acetabulum fracture THR in Neglected DDH THR in post-traumatic Arthritis with implant in situ
5.30 - 6.00 pm	<b>Surgical capsule</b> <b>Moderators:</b> <b>Dr. Milind Kulkarni, Dr. Satish Mutha</b>
5.30 - 5.40 pm	Tips for acetabulum reaming and cup positioning: <b>Dr. Suryanarayan</b>
5.40 - 5.50 pm	How to do femur broaching and stem placement: <b>Dr. Mahesh Kulkarni</b>
5.50 - 6.00 pm	Tests to assess intraoperative stability in THR: <b>Dr. S. S. Mohanty</b>
6.00 - 6.10 pm	<b>BREAK</b>
6.10 - 6.40 pm	<b>Video Module</b> <b>Moderators:</b> <b>Dr. J. Pachore, Dr. Harshad Argekar</b> Dual Mobility THR in Intertrochanteric femur fracture: <b>Dr. Anoop Jhurani</b>
6.40 - 7.10 pm	<b>Concept based talks</b> <b>Moderators:</b> <b>Dr. Vaibhav Kasodekar, Dr. Ashish Phadnis</b>
6.40 - 6.50 pm	How to avoid iatrogenic fractures in THR: <b>Dr. J. Pachore</b>
6.50 - 7.00 pm	Functional cup positioning: <b>Dr. Anoop Jhurani</b>
7.00 - 7.10 pm	Periprosthetic joint infection: <b>Dr. Shrinand Vaidya</b>
7.10 - 7.40 pm	<b>Case based panel discussion</b> <b>Moderator:</b> <b>Dr. J. Pachore</b> <b>Panellist:</b> <b>Dr. Anoop Jhurani, Dr. Harshad Argekar, Dr. Vaibhav Kasodekar</b> <b>Literature Review:</b> <b>Dr. Chintan Hegde</b> THR in Dysplastic Hip THR in malunited U/3 femur fracture THR in Ankylosing spondylitis
7.40 - 8.10 pm	<b>Surgical capsule</b> <b>Moderator:</b> <b>Dr. Samarjit Patnaik, Dr. Abhijit Kale</b>
7.40 - 7.50 pm	Preparation of hip cement spacer: <b>Dr. S. S. Mohanty</b>
7.50 - 8.00 pm	Acetabulum augment & cup placement in primary THR: <b>Dr. Anoop Jhurani</b>
8.00 - 8.10 pm	Technique of bone grafting for protrusio acetabulum: <b>Dr. J. Pachore</b>
8.10 - 8.20 pm	Greater trochanter wiring technique: <b>Dr. Akash Saraogi</b>
8.20 - 8.30 pm	<b>Validictory:</b> <b>Dr. Abhijit Kale</b>

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